

Adult New Patient Application

"A Healthy Spine Means a Healthier You!"

Name _____ Home Phone _____
Address _____ Work Phone _____
City, State, Zip _____ Cell _____ Phone _____
E-mail Address _____
Birth date _____ Age _____ SS# _____
Occupation _____ Employer _____

Status: Married Widowed Separated Divorced Single Spouse Name _____ No. of Children _____

To conserve resources we generally utilize email and text for regular communication. May we communicate with you via?

Email: Text: Carrier (like AT&T, Etc.): _____

Most patients are referred to our office by a caring family member or friend. What made you to decide to visit our office?

Friend Family Member Name: _____

Telephone Call Yellow Pages Sign website presentation Email

Please answer the following questions:

1. Spinal problems can cause a variety of health problems. Please check the health complaint(s) you are currently experiencing or experience on a periodic basis:

- | | | | |
|---|--|--|---------------------------------------|
| <input type="radio"/> Low Back Pain | <input type="radio"/> Arm or Hand Pain | <input type="radio"/> Carpal Tunnel Syndrome | <input type="radio"/> Indigestion |
| <input type="radio"/> Upper/Mid Back Pain | <input type="radio"/> Leg or Foot Pain | <input type="radio"/> Ear Infections | <input type="radio"/> Chronic Fatigue |
| <input type="radio"/> Neck Pain | <input type="radio"/> Asthma | <input type="radio"/> Frequent Colds | <input type="radio"/> Arthritis |
| <input type="radio"/> Shoulder Pain | <input type="radio"/> Allergies/Sinus | <input type="radio"/> Spinal Curvature | <input type="radio"/> Fibromyalgia |
| <input type="radio"/> Others _____ | | | |

2. Please list your primary health concern you are experiencing:

1. _____ 2. _____ 3. _____

3. Auto and work injuries can cause serious spinal problems. Is this visit related to an auto or work injury? Yes No

4. Research shows that you spine should be checked regularly. When was your last complete Spinal examination including X-rays? within the last year 1 - 5 years 5 years or longer Never

5. Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?

YES NO If yes, circle one

6. Long term spinal misalignments can cause decay and arthritis in the spine which may result in grinding or popping noises. Do you ever hear grinding or popping noises when you move your head or neck? YES NO

7. Spinal misalignments can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to twist, stretch or crack your neck, mid or lower spine? YES NO

8. Poor posture can lead to poor health and usually indicates a spinal problem. How would you rate your posture?

Poor - 1 2 3 4 5 6 7 8 9 10 - Very Good

9. Stress can cause or aggravate spinal problems. Please rate your stress levels over the last 90 days.

Low - 1 2 3 4 5 6 7 8 9 10 - High

10. Are you currently taking prescription medication? YES NO If so, how many? _____

11. Spinal health is especially important during pregnancy. If female, is there any chance that you are pregnant?

YES NO MAYBE If yes, when is your due date? _____ Or Date of Last Cycle? _____

12. Have you ever been diagnosed with cancer? YES NO If so, what kind? _____ Year diagnosed _____

13. Have you ever had spinal surgery? YES NO If yes, where? _____

14. If the doctor feels that you will benefit from chiropractic care, are you willing to follow his/her recommendations?

YES NO

15. How will you be paying for today's visit? Credit/Debit Card Cash Check Other _____

16. Are you Medicare eligible? YES NO

17. What activities would you like to do that your health is impairing you to doing? _____

18. How would your life change if you have optimal health? _____

19. What needs to happen in order for you to have optimal health? _____

The above information is true and accurate to the best of my knowledge. Copies of any X-rays and reports will be released upon written request, however original X-rays remain the property of the clinic.

Signature: _____ Date _____